

Victor Montgomery

"Life in the Balance" Speaker, Author at Warriors in Recovery - from Addiction & Suicide Ideation

Honeoye, NY, US

Healing Suicidal Veterans - "Life in the Balance" - Seminars- Interventions for Alcohol and other Drug Addictions & Suicidal Ideation

Biography

Victor Montgomery III is an educator and an expert in Crisis Intervention, Suicide Rescue, Combat Trauma and Addiction Counseling. Vic believes in the client-centered value of 'heart-to-heart resuscitation'. He practices the style of counseling for eliciting behavioral change, helping veterans and active duty warriors examine and resolve the key issue of ambivalence. An increasing number of veteran combat warriors experience a 'wounded soul' and culture shock and therefore have returned home to their families with a unique set of mental and behavioral health distresses that need to be evaluated carefully. For many, the idea of suicide looms nearby.

Mr. Montgomery is the author of *Healing Suicidal Veterans – Recognizing, Supporting and Answering Their Pleas for Help* (New Horizon Press, October 2009); and seminar speaker and author of “Life in the Balance” Seminars designed for communities interested in understanding the dynamics of war trauma, the psychological wounds of war and what happens in the war zone. Vic demonstrates how to recognize suicide signs - symptoms and triggers, alcohol and drug addiction awareness and what family and friends can do to help a depressed and struggling vet.

As a Marine Corps veteran, and trained interventionist, Vic has worked with countless veterans and their families through VA crisis hotlines and out-patient clinics from California to New York. He received his Master’s degree in Higher Education from the University of Phoenix; Graduate Studies in Clinical Psychology and a Bachelor of Arts in Psychology and Human Development from Vanguard University of Southern California in Costa Mesa, California. Vic received specialized training for veteran suicide crisis interventions and rescues by clinicians at the VA Medical Center and in 2008 served on the National Suicide Crisis Hotline in Canandaigua, New York as a hotline therapist.

The author has worked many years as a primary therapist, family counselor, educator, and certified and registered addiction specialist. He has counseled men and women and families for over twenty years. Today, Vic and his wife reside in Western Upstate New York.

Availability

Keynote, Panelist, Workshop, Host/MC, Author Appearance

Industry Expertise

Health and Wellness, Health Care - Services, Health Care - Providers, Education/Learning, Mental Health Care, Training and Development, Military, Professional Training and Coaching

Areas of Expertise

Warriors in Recovery, Crisis Intervention - Suicide Ideation, Alcohol and Other Drug Additions, Veteran Combat Trauma, The Psychological Wounds of War- What Happens in the War Zone?, Life in the Balance

Affiliations

American Legion

Sample Talks

"Life in the Balance"

A deep, up close and personal look into the hearts, minds and the real lives of 11 men and women combat veterans, disoriented, confused, suicidal and disillusioned by the ravages of war trauma and the psychological wounds and mental health disabilities that dominate their very being when they returned home to their families, from the war zones, forever changed.

Learn how to identify signs and symptoms of suicide ideation and alcohol and other drug additions and when and where to go for help.

Healing Suicidal Veterans

When the Warrior returns home...what now? Issues of family readjustment, mental health care, suicide ideation intervention, homelessness, alcohol and other drug intervention techniques: Heart-to-Heart Resuscitation Model.

Event Appearances

Healing Suicidal Veterans - Recognizing, Supporting and Answering Their Pleas for Help
Mental Health Conference

Panel Discussion - Veteran's Mental Health Issues

MHANY'S' Annual Conference, Mental Health Association in New York State, Inc.

Life in the Balance

Seminar

Life in the Balance

Seminar

Life in the Balance

Seminar and Panel Discussion - Suicide

Education

Vanguard University of Southern Clifornia
Bachelor of Arts Summa cum Laude Psychology

Accomplishments

Author: Healing Suicidal Veterans: Recognizing, Supporting and Answering Their Pleas for Help

The book explores the psychological as well as the soul wounds of war trauma and the ways they contribute to the tragedy of suicidal thinking. The book offers veterans strategies for realizing they are not failures if they seek help, and it gives families and loved ones ways to understand, cope with and help their veteran in need.

"Life in the Balance " Seminars

“Life in the Balance” Seminars designed for communities interested in understanding the dynamics of war trauma, the psychological wounds of war and what happens in the war zone. Vic demonstrates how to recognize suicide signs - symptoms and triggers, alcohol and drug addiction awareness and what family and friends can do to help a depressed and struggling vet.

Testimonials

Helena Davis, M.A., LMHC

“Vic, thank you so much for participating in the panel presentation that was part of MHANYS’ Annual Conference on October 30th... The vast majority of participants rated all aspects of the presentation as excellent. One participant remarked that she appreciated how you spoke from the heart. Your perspective is unique and one that participants really needed to hear.” , (2009)

Kathy Paupore

Dear Victor,

I came across your book recently at our local library, thanks for writing it. I have been a nurse at our local VAMC in Iron Mountain, MI for the past 3 years. Your book should be required reading for all nurses coming into the VA. We so often take care of veterans with PTSD, depression, anxiety, bipolar disorder, borderline personality, chemical dependency, etc. Your book offered much insight into the reasons for these disabilities...

Thanks Again,

Kathy Paupore, VA Nurse, Iron Mountain Michigan, January 2010

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