

Wendy Dahl

Professor at University of Florida

Gainesville, FL, US

Wendy Dahl's current research interests focus on the relationships between fiber, diet quality, probiotics and the gut microbiome.

Biography

Wendy Dahl's extension efforts focus on increasing evidence-based knowledge of extension educators, health professionals and the general public related to wellness-promoting food and nutrition strategies, the promotion of healthful dietary behaviors and malnutrition risk reduction in older adults. Wendy's current research interests focus on the relationships between fiber, diet quality, probiotics and the gut microbiome in health and disease.

Areas of Expertise

Dietary Fiber, Nutrition and Disease Treatment, Nutrition and Older Adults, Probiotics

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