

Wilhelmina De Castro

Adjunct Lecturer at USC Suzanne Dworak-Peck School of Social Work

Los Angeles, CA, US

Licensed clinical social worker, focusing on the development of multidimensional programs that address human trafficking

Biography

Wilhelmina De Castro is a licensed clinical social worker and adjunct faculty member.

She received her bachelor's degree in sociology from the University of California, Riverside, and a master's degree in social work from USC. After graduation, she continued her clinical practice by providing home and school-based mental health services to some of the most impacted communities in Los Angeles. She spends a large part of her time managing transitional housing programs for former foster and probation youth, as well as developing programs for transitional-age youth and girls and women of color.

De Castro has trained and practiced international social work in Southeast Asia and Central and South America. Her domestic and international work have focused on addressing and eradicating forces that contribute to human trafficking, specifically the trafficking of girls and women. She has partnered with a number of nonprofit organizations to develop multidimensional programs that address the complex nature of domestic and international trafficking.

Operating from an empowerment framework, she is trained in several evidence-based practices that address complex trauma, domestic violence, substance abuse, depression and psychosis.

Industry Expertise

International Affairs, Program Development, Non-Profit/Charitable, Research, Education/Learning, Public Policy, Health and Wellness

Areas of Expertise

Domestic Violence, Human Trafficking, Transitional Housing Programs, Complex Trauma

Education

University of Southern California

MSW

University of California, Riverside

BA

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