

Allison McWilliams

Director, Mentoring and Alumni Personal & Career Development, Office of Personal & Career Development (OPCD) at Wake Forest University

Winston-Salem, NC, US

McWilliams expertise focuses on skill development, networking and interpersonal relationships for both mentors and mentees.

Description

As the head of Wake Forest's mentoring and alumni development programs Allison McWilliams recognizes that both mentors and mentees have important responsibilities in ensuring their relationships are productive and meaningful. She is committed to helping both groups develop the skills needed to succeed in their roles. McWilliams is an expert in mentoring both in higher education and in the workplace and has been featured in the Triad Business Journal and Inside Higher Ed. She writes a mentoring blog on The Huffington Post offering insights for anyone interested in mentoring, leadership, interpersonal relationships and networking.

Topics

Personal Development, Career Development, Leadership and Networking, Higher Ed Mentoring, Workplace Mentoring, Internships, Careers

Education

The University of Georgia

Ph.D. Higher Education Administration

The University of Georgia

M.A. Public Relations

Wake Forest University

B.A. English, Spanish

Media Appearances

The Power of Mentoring Women

Triad Business Journal

2017-03-31

"Women mentors provide insider information to other women -- revealing unwritten rules that are key to career advancement. We provide to each other powerful lessons about navigating professional and personal obligations. We serve as sponsors and advocates for one another, opening doors and providing critical connections due to our earned social and political capital."

The Uber Fiascos Show That All Start-ups Need to Grow Up

The Huffington Post

2017-03-02

"At some point any successful start-up by necessity has to become the very thing it was started to disrupt: a bureaucracy. At a certain point they go past the tipping point and need policies, procedures, human resources departments, and yes, effective leadership. But nothing in the evolution of a start-up is engineered to develop leadership competency. There are no leadership development programs, succession plans, or formal mentoring or coaching."

Mentorship and Leadership

The Huffington Post

2017-02-21

"Mentorship, it turns out, has an awful lot to do with leadership, and more than just the value that great mentors can add to our lives and careers by opening doors and teaching life lessons. The skills and practices of great mentors are also the skills and practices of great leaders," McWilliams writes.

Every Student Gets a Mentor

Inside Higher Ed

2016-02-15

"We tend to make the assumption that mentoring inherently is good and mentoring inherently is positive," said Allison McWilliams, director of Wake Forest University's Mentoring Resource Center. "And that's not true at all. You can be ineffectively mentored."

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