

Patrick Sullivan

Interim Director, Office of Personal & Career Development (OPCD) at Wake Forest University
Winston-Salem, NC, US

Sullivan supports students in their internship search & coaches them on getting the most from their experiences.

Description

What's the best way to land an internship, and how can students turn it into a full-time job? At Wake Forest, Sullivan answers these and other related questions daily, coaching hundreds of students on their journeys from college to career each year. As a career development expert, he can speak about everything from current employment trends to how students should prepare for their first interview. Sullivan has been quoted in a variety of publications, including USA TODAY College, and has also penned articles for outlets like Fast Company.

Topics

Job Hunting, Networking, Career Development, Personal Development, Higher Education, Employment Trends, Hiring Trends, Internships, Interview Preparation

Education

Wake Forest Univeristy
MBA Business Administration

Wake Forest University
B.A. Political Science

Media Appearances

How your college's career services department can help your job search

Monster

2016-09-21

"We help people wherever they are in their own career development," says Patrick Sullivan, Interim Director of the Office of Personal and Career Development at Wake Forest University. "Maybe that's putting together a resume, building a network or preparing for an interview. We can help you break down things that feel overwhelming."

How to turn an internship into a real job

Consumer Affairs

2016-08-02

"Soon-to-be seniors are hoping to land the job offer before crossing the stage in May and performing well in an internship that matches your skills and interests can help make that happen," said Patrick Sullivan, an internship specialist at Wake Forest University.

The Rise of Micro-Internships: How Students Can Take Advantage (And Avoid Being Taken Advantage Of)

Fast Company

2015-10-24

In today's world, students don't have to leave their dorm rooms to complete an internship halfway around the world. From an actor looking for a short-term virtual assistant in Los Angeles to the U.S. Department of State seeking Virtual Foreign Service interns, college career offices are seeing more and more employers offer micro-internships to college students. For most of these opportunities, students are hired to work on a specific project or task, usually remotely, at the same time they are completing their coursework. While the rise in virtual internships is relatively new, a recent Internships.com survey found 71% of students would be willing to complete a virtual internship. Most college career counselors do not yet track virtual opportunities as they would traditional internships, though the University of Texas at Austin is reporting an uptick in these offers, and many expect interning remotely as a trend that will pick up across a range of industries.

Are internships the new temp agency?

USA Today College

2015-07-29

Summed up, "virtual internships and micro-internships allow students to prove that they have the skills and experiences employers are seeking, regardless of the time commitment," says Patrick Sullivan, Associate Director at the Office of Career Development at Wake Forest.

[Please click here to view the full profile.](#)

This profile was created by [ExpertFile](#).